

a JOKE and a PUZZLE from Valerie Boulter

firstly the JOKE



The dessert at a luncheon was a concoction of meringue, whipped cream and hundreds of calories. As the waitress served her a generous portion, one guest remarked: "My clothes will never fit after I eat this!" "Don't worry, madam," said the waitress, "I also do sewing and alterations."

and now a WORDSEARCH PUZZLE

Here are some delicious desserts to make your mouth water – but please be assured this puzzle is guaranteed to be non-fattening!



S	P	E	T	A	L	O	C	O	H	C	A	R
U	F	U	D	G	E	E	S	S	U	O	M	Y
C	R	U	M	B	L	E	T	R	O	T	A	R
U	U	P	B	A	N	O	F	F	E	E	E	T
S	I	I	U	A	E	T	A	G	K	G	R	S
T	T	E	B	R	O	S	F	L	A	N	C	A
A	I	U	A	E	T	F	E	S	C	A	E	P
R	R	G	L	S	R	O	D	Y	E	M	C	U
D	A	N	L	P	I	O	A	R	S	C	I	D
T	M	I	Y	O	F	L	L	U	E	N	N	D
R	I	R	S	N	L	A	U	P	E	A	U	I
A	S	E	D	G	E	D	O	O	H	L	T	N
T	U	M	L	E	M	A	R	A	C	B	S	G
Y	E	N	A	P	I	G	N	A	R	F	O	G

Look for all the words listed below in the grid – they may read backwards, forwards, up, down or diagonally.

- Banoffee
- Blancmange
- Caramel
- Cheesecake
- Chocolate
- Coulis
- Crumble
- Custard
- Flan
- Fool
- Frangipane
- Fruit
- Fudge
- Gateau
- IceCream
- Meringue
- Mousse
- Nuts
- Pastry
- Pie
- Pudding
- Roulade
- Sorbet
- Sponge
- Syllabub
- Syrup
- Tart
- Tiramisu
- Torte
- Trifle



FIVE TIPS FOR A WOMAN

1. It is important that a man helps you around the house and has a job.
  2. It is important that a man makes you laugh.
  3. It is important to find a man you can count on and who doesn't lie to you.
  4. It is important that a man loves you and spoils you.
- and last, but not least . . . .**
5. It is important that these four men don't know each other.